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Page 6: Setting Up Your Fitbit Charge Hr
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Setting up your Fitbit Charge You can set
up your Fitbit Charge using your

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computer or the Fitbit apps for iOS®, Android™, or Windows®. Setting up your tracker on your mobile device The Fitbit app is compatible with more than 200 mobile devices that support iOS, Android, and Windows 10 operating systems. To get started: 1.

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Fitbit Charge 3 User Manual

We have 4 Fitbit Zip Charge HR manuals

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Android on a device running an older operating system (4.3 or earlier) and the tracker was previously bonded to another ...

How do I factory reset my Charge or Charge HR? - Fitbit Help

24/7 Heart Rate Tracking. Know your heart to map your journey. Using our

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most advanced heart rate sensors, Charge 4 tracks all-day calorie burn, real-time heart rate zones and Active Zone Minutes so you can truly understand your body.

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record and reveal your resting heart rate, track heart rate trends over time, and follow your progress. Sleep better to live better With a personalised Sleep Score in the Fitbit app and new sleep mode, know how well you've slept each night and limit distractions during sleep.

Fitbit Charge 4 Advanced Fitness

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Tracker

2 Setting up your Fitbit Charge 2 For the best experience we recommend using the Fitbit apps for iOS, Android, or Windows 10. If you don't have a mobile device, you can also use a Bluetooth®-

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To charge your tracker plug the charging

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cable into a USB port. Connect it to your tracker and make sure the gold pins are aligned. When you first see a low battery indicator on your tracker, you have about a day of battery left. Charging may take up to 2 hours, depending on the current power level.

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